

Intrauterini kontracepcijski vložek **Ginetik** je izdelan iz polietilena medicinske kakovosti, z dodatkom kontrastnih sredstev, da je možno njegovo lego kontrolirati z rentgenom. Krak T je ovit z bakreno žico skupne površine 220 mm², kar zagotavlja zelo zanesljivo kontracepcijsko zaščito. Verjetnost zanositve je manj kot 1 %. Vložek je učinkovit do 5 let.

Ginetik je sterilen in za enkratno uporabo. Izdelujemo ga v dveh velikostih: GINETIK normal je primeren za ženske, ki so že rodile, GINETIK mini pa za ženske, ki še niso rodile.

Kontraindikacije:

Edina absolutna kontraindikacija je akutno ali subakutno vnetje v mali medenici ter morebitna obstoječa nosečnost. Med relativne kontraindikacije štejemo prirojene ali pridobljene malformacije maternice, večje miome, meno, metroragije in slabokrvnost.

Komplikacije:

Vložek po vstavitvi lahko povzroči bolj ali manj izražene bolečine v spodnjem delu trebuha in v predelu križa, ki običajno hitro minejo. Naslednje menstruacije so lahko nekoliko močnejše in daljše. Možno je, da se pojavijo tudi vmesne krvavitve, ki pa običajno hitro minejo.

Vstavev Ginetik-a:

Vstavimo ga lahko katerikoli dan menstruacijskega ciklusa, najprimernejši pa so zadnji dnevi menstruacije. Vložek je možno vstaviti tudi neposredno po opravljenem splavu.

Opozorilo:

Vstavev vložka mora opraviti zdravnik-specialist, ki bo tudi opravljal ginekološko kontrolo. Po vstavitvi kontracepcijskega vložka priporočamo ginekološko kontrolo čez tri, šest in dvanajst mesecev, nato pa enkrat letno, oziroma ob vseh nepravilnostih ali težavah, ki jih opazite sami.

Kontracepcijski vložek **Ginetik** je bil testiran na Ginekološki kliniki v Ljubljani.

The intrauterine contraceptive device **Ginetik** is made of polyethylene, medical quality with added contrast agents, so that it's position can be monitored by x-rays. The T side is coiled with cooper wire in a total surface of 220 mm², ensuring a wery reliable contraceptive protection. The probability of conception is less than 1 %. The efficiency of the device lasts up to 5 years.

Ginetik is sterile and intended for a single use only. It is made in two sizes: Ginetik normal is designed for women having born before, and Ginetik mini for women not having born before.

Contraindication: the only absolute contraindication is an acute or subacute inflammation of the true pelvis and a possible existing pregnancy. Among the relative contraindications can be ranged congenital or acquired uterine malformations, larger myoma, menopause, metrorrhagia, and anemia.

Complications: after its insertion, the device causes more or less expressed pains in the lower part of the abdomen and in the part of the back, usually of no long duration. The following menses can be somewhat stronger and longer. Break-through bleedings can occur, usually stopping quickly.

Insertion of the Ginetik: it can be inserted on any day of the menses cycle, the most convenient, however, are the last days of the menses. The device can be inserted also immediately after an abortion. **Warning:** the insertion of the device shall be done only by a specialized physician, performing also the future gynaecological control. After the insertion of the contraceptive device a gynaecological checking after 3, 6 and 12 months is recommended. And thereafter once a year or after all irregularities or troubles you may be avare of by yourself.

The contraceptive device Ginetik has been tested by the Gynaecological Clinics of Ljubljana.



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